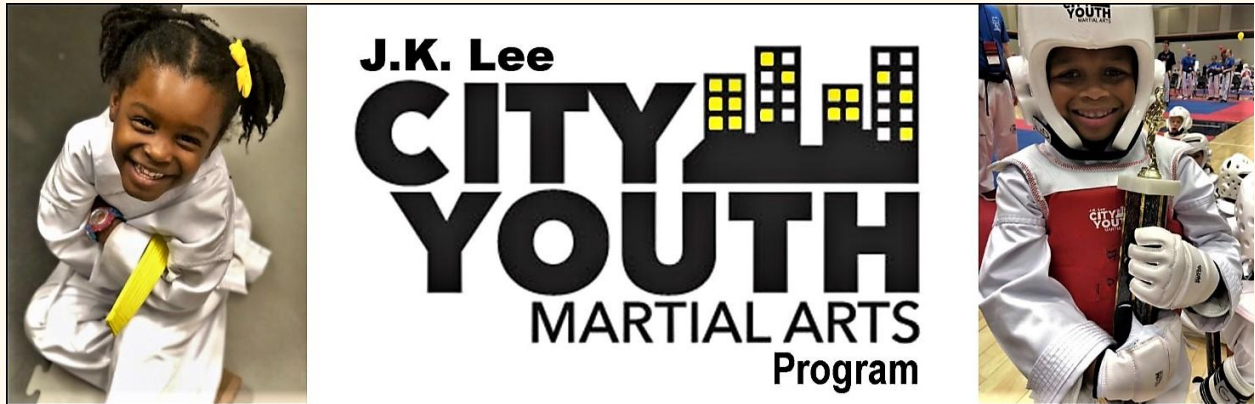


101 Ways to Help J.K. Lee City Youth Martial Arts



Mission Statement

J.K. Lee City Youth Martial Arts is a 501(c)(3) nonprofit providing youth and families an opportunity to learn within a supportive environment that fosters mutual respect, confidence, discipline, and good sportsmanship, while promoting mental health, physical fitness, focus, and well-being.

We believe in making the world better through martial arts!

No children or families are turned away because of cost.

We are the nonprofit partner to the J.K. Lee family of academies. The Milwaukee school and outreach program was established to provide further opportunities to help underserved neighborhoods and families and to realize Grand Master Lee's vision of the many benefits of martial arts being accessible to all children and families.

We welcome volunteers and participation at all ranks! And you don't have to be a martial artist to want to make the world better. Invite your family, friends, neighbors and coworkers to become part of our mission to help children reach their potential and make Milwaukee a stronger, safer and more inclusive community!

What to do?

Everyone is different! There are many ways to be a part of the solution. Together we can do great things! This is not an all inclusive list. We welcome ideas, creativity and your unique talents. Some things take longer than others, so you may need to pick more than one. Some are more suitable for

adults. Build a service plan that works for you. It's not in any particular order, although lead instructors are always our biggest need.

1. **Adult Lead Instructors at After School Programs**
2. **Assistant Instructors at After School Programs (teens and adults)**
3. **Adult Lead Instructors at the Strong Milwaukee Center (SMC)**
4. **Assistant Instructors at SMC**
5. **Homework Help at SMC**
6. **Serve as a Board Member**
7. **Board Committee (adults) Friendraising/Fundraising (Development)**
8. **Board Committee (adults) Marketing**
9. **Board Committee (adults) Programs**
10. **Board Committee (adults) Finance**
11. **Be on our Event Committee (spring gala, fall golf outing, winter holiday breakfast)**
12. **Join or help with the Teen Leadership Council**
13. **Help with Gala Set Up and Take Down**
14. **Prepare Annual Campaign Mailers**
15. **Host an informational lunch**
16. **Have a pre-event cocktail party**
17. **Help with website**
18. **Write articles for our blog/newsletter**
19. **Create short promotional videos about student activities**
20. **Create short promotional videos about fundraising events**
21. **Be a J.K. Lee location ambassador**

22. Be a corporate ambassador
23. Create a matching campaign for the gala
24. Create a matching campaign for end of year drive
25. Host a donor breakfast
26. Help with monthly special events at SMC
27. Host a corporate lunch & learn
28. Help at Friday Family Nights
29. Contribute a dish for a Friday Family Night Dinner
30. Work with our Tuesday/Thursday evening sparrers at SMC
31. Watch Front Desk at SMC
32. Help with Inventory at SMC
33. Help with filing at SMC
34. Hand write thank you notes
35. Help with cleaning at SMC
36. Collect non perishable kid snack food
37. Collect gently used (but still tournament approved) sparring gear
38. Help set up our Haunted House
39. Work at our Haunted House
40. Help with Summer Camp Week
41. Help with Twitter
42. Help with Instagram
43. Help with Facebook

44. Share, like and comment on our Facebook Posts
45. Mentor/Partner an individual student
46. Help with Spring Carnival
47. Host a Korean Cooking Class
48. Organize office at SMC
49. Organize donated sparring gear
50. Take home/laundry/return school uniforms
51. Help our Grant Writer
52. Make thank you calls
53. Provide information at Open Houses
54. Help with special school programs
55. Promote our program in the city (hang signs)
56. Officiate at Testings at SMC
57. Sell J.K. Lee City Youth Merchandise
58. Help with Neighborhood Walk
59. Help at area clean ups
60. Help at National Night Out
61. Create Giving Tuesday flyer
62. Share Giving Tuesday Information
63. Design Handouts for Students
64. Share CYMAP student stories
65. Prep materials for new volunteers

66. Prep materials for annual all school instructor meeting

67. Help with Instructor Reflection Lunch

68. Staff an informational table at testing

69. Create and Distribute Yard Signs

70. Host a Friday Family Night

71. Reading to small children

72. Working on a craft

73. Playing chess

74. Do a science experiment

75. Other music lessons

Help raise funds by:

76. Bake sale

77. Car wash

78. Yard sale

79. Penny War

80. Valentine Sale

81. Cupcake War

82. Dodgeball Tournament

83. Dog/Pet Show

84. Kick Marathon

85. Pancake Breakfast

86. Rummage Sale

87. Gift Wrapping Service
 88. Chili Cook Off
 89. Dog Wash
 90. Art Show
 91. Talent Show
 92. Pie Throwing Contest
 93. Spaghetti Dinner
 94. Celebrate your birthday on Facebook
 95. Promote our Amazon Smiles link
 96. Sell gala tickets
 97. Organize a “dine out for CYMAP” night
 98. Host a self defense workshop for your team/school/work
 99. Find auction item donors
 100. Solicit Corporate Sponsorships
- And if you're stuck wondering what to do or have an extra hour
101. Call our Executive Director and see what we most need this week!

Giving and Getting

Studies show that charitable giving and service activates the same parts of your brain as eating chocolate or drinking a glass of wine. It feels good to give. We think you'll be surprised by all you get in return. We learn from our students and families. We become more aware and understanding. Our own martial arts practice becomes stronger.

Thank you!

Our program is made possible through your support, generosity and love of martial arts. We are incredibly proud to be part of the J.K. Lee Family.