## **Youth and Family Classes**

### J.K. Lee City Youth Martial Arts Program

at the Strong Milwaukee Center 510 East Burleigh, Milwaukee

# (414) 687-1060

info@cityyouthmartialarts.com

### cityyouthmartialarts.org

A 501(c)(3) nonprofit



#### Respect Discipline Focus Self-Control Strength Confidence Kindness Integrity Fitness

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4:30-5:15</b> All Belt Family	4:30-5:15 All Belt Family (purple belt sparrers stay til 5:30)	6:30-7:30 Extra Demo when needed & announced	<b>4:30-5:15</b> All Belt Family	<b>4:30-5:30</b> Invite only Demo Team	9-10 am All Belt Family
<b>5:15-6:15</b> All Belt Family	5:15-6:15 HIGH BELT High purple-Black Bring your gear (Sparring will be end of 2nd and during 3rd class	Extra Demo Invite Only	<b>5:15-6:15</b> All Belt Family Purple-Black Belts Bring your gear!	5:15-6:15 All Belts and Community Family Night! Topics/Activities to be Announced. Snacks Included!	
6:15-7:00 Invite Only Demo Specials	6:15-7:00 SPARRING		6:15-7:00 All Belt Teen and Adults 12 and older only		

#### DOORS OPEN AT 4:30. CLASS STARTS AT 4:35

#### Winter/Spring 2024 March, April, May

Thursday, April 18 6:15 class will be an open gym

No classes Saturday, April 20, No Classes on Tournament Saturday, April 27 (All day)

Demo by invite only! Ask your instructor \*Please watch your email for special events.

Purple Belt Sparring: Attend Tuesday 4:30-5:30 or Thursday 5:15-6:15

High Purple Belt and above sparring may attend Tuesday at 5:15 or 6:15 or Thursday at 5:15